WHAT LIVING WATERS IS:

-        A 21+week spiritual journey that includes worship, teaching, testimonies, large and small group prayer/ministry time

-        Done in a safe and confidential environment

-        For those dealing with deep hurt and sinful, addictive habits, including but not limited to

o   pornography,

o   sexual promiscuity,

o   the effects of sexual abuse,

o   homosexuality,

o   codependency,

o   self-hatred, or

o   the inability to love others well,

-        To instead see yourself, and others as He (God) does

Many or most Christians today, if they were honest with themselves, would have to answer yes to one or more of the following questions. If you identify with one or more of the Following, please prayerfully consider taking part in Living Waters.

* Do you fear being controlled by the opposite sex?
* Do you have trouble relating to certain people?
* Do you experience unwanted same sex attractions?
* Have you been abused emotionally, sexually or raped?
* Do you have an overwhelming attachment to another person or to people in general?
* Do you struggle with pornography, sexual promiscuity, fantasies, and/or masturbation?
* Are you insecure in your manhood or womanhood?
* Is the image you project more important to you than being yourself?
* Are you a hurting or angry parent of a child dealing with same sex attractions?
* Are you recovering from divorce or is your marriage on unstable ground?

In short it is an Inner Healing Ministry to equip the sexually and relationally broken to hear God for their/others' healing.

**What is Inner Healing?** Inner Healing is healing that takes place in cooperation with the Holy Spirit on the “inner man” (mind/will/emotions) and is different from physical healing.

WHAT LIVING WATERS IS **NOT**:

       Only for people with defined sexuality or gender identity “problems.” Our entire world is rocked by this brokenness. All who have a heart for the broken can benefit from Living Waters

       Only for people who know what their “core issue” is. As mentioned above, it IS a journey.

       A De-programming Boot Camp for Self-identified Gay or Lesbian (or other GLBT) individuals

       Reparation Therapy or a “Pray the Gay Away” Faith/Deliverance program

       A Bible Study for those interested in arguments or justifications for/against alternative sexual lifestyles

       A forum for discussion or education on the merits of sexuality-focused science research or legislation. We may provide or recommend resources or refer to research in accordance with the program material.

       A Replacement for regular ongoing addiction recovery. Not an alternative to Celebrate Recovery

       A Replacement for regular ongoing psychiatric, spiritual, or prescribed therapy or counseling

       A program for learning how to be a Proverbs 31 Woman or how to attract a husband

       A Wild at Heart program for learning how to be a master hunter/gatherer/provider/promise keeper

       It is most definitely not a replacement or a substitute for regular, committed church attendance or membership. It is not an “alternative” to church, and its leaders are not substitute pastors or parents

**How is a Normal Living Waters Presented?**

Living Waters is a 20-lesson program taught in a closed-group format. The leaders are trained and a confidentiality policy is in place to help ensure trust and safety in the group. Each meeting includes:

**WORSHIP –** We focus our attention and praise on God rather than our problems.

**THE WORD –** Living Waters teachings combine psychological insights and biblical truths that help us to know God and ourselves better.

**THE WORKS OF JESUS –** Through healing prayer in large and small group settings, we invite the Holy Spirit to heal our various wounds. We bring our sins, and those committed against us, to the Lord who is faithful to set us free.

Foundational to Living Waters is the reality that God created us in His image as male and female. Therefore we value men and women working out their healing together. Great healing comes as men and women minister and receive alongside one another, thereby reflecting God's intention and character. (Although small groups are single sex, both genders participate together in worship, teaching, and prayer in the large group.)

**What will I learn?**

Living Waters uses a detailed guidebook that includes teachings, questions and additional readings that help us move from brokenness to maturity. Some topics addressed include:

* Acknowledging our need for God
* How “the fall” affects our sexuality and relationships
* Receiving God the Father’s love
* Who we are as men and women made in God’s image
* The power of the cross and confession
* Renouncing our idols
* Reconciliation between men and woman
* How to deal with the pain in your life
* The power of forgiving others and ourselves
* Learning how to set healthy boundaries
* Healing of father, mother and foundational wounds
* Healing from abuse
* The roots of gender brokenness
* Understanding and overcoming addiction
* Embracing the church as our healing community
* Building healthy relationships over the course of a lifetime
* Walking in maturity as a good gift to the Body of Christ

revised 10.14.16